

CRT 106 – BLS ONLINE WITH SKILLS CHECK

[CRT 106 BLS Online with skills check](#)

Please bring your MedStar ID if you are an employee or a photo ID if you are a non-employee to gain entry into the course. **Failure to do so will prohibit your entry into the course.** You **CANNOT** receive a new BLS card without prior completion of the online module. You may now begin to work on your online module (**expect the content to take about 45 minutes to complete the online module**).

Course Information:

Please note the date, time and location that you have selected. You are expected to be on time. **LATENESS WILL NOT BE TOLERATED.** This is a 2 Part BLS Course for initial or renewal of your BLS (CPR) certification. **PART 1** is the online component. **PART 2** is the skills assessment that is performed at the specified location. www.heart.org/BLS

Please be sure that prior to completing the course, the computer you **are** using meets these following **REQUIREMENTS**:

- Ability to complete the online module on [SiTELMS](#)
- Internet Browser is Internet Explorer 7.0 or above
- Operating System is Windows XP or above
- Popup Blocking is Disabled
- Cookies are enabled
- JavaScript is enabled
- Speed is 256 Kb/s (32 KB/s) or above
- Screen Resolution is 1024 x 768 or above
- Adobe Flash is version 7.5.1 or above
- Adobe Acrobat Reader is version 6.0 or above
- SSL is enabled
- To test your PC to see if it meets these requirements, click this link: [Health Stream Browser Check](#)
- If you have questions regarding these "System Requirements" please contact the [Activity Director \(Cheryl Camacho\)](#)

How to Access the Online Content:

- Log on to sitelms.org
- Click "[My Curriculum](#)" which is located beneath "Learning Center" on the left hand side of the screen
- Find the name of your course ([CRT 106 BLS Online with skills check](#)) and double click
- Click on the course's "**Content**" tab and select "**BLS HeartCode Part I**" to launch the course
- A pop up will be displayed, click "**HeartCode® BLS Part 1 - G-2010**"
- Another pop up will be displayed, click "**HeartCode® BLS Part 1 - G-2010**" (**If you have completed the online content recently, that information will be displayed on the right hand side of the screen**)
- All "**Course Learning Activities**" must be completed prior to the date & time of your "Skills Assessment"
- **Print the certificate once you have passed the module and bring it to class**

If you have questions regarding how to access your "Course Content" please contact the [Activity Director \(Cheryl Camacho\)](#)

What to Bring and What to Wear:

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical condition that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

Inclement Weather:

In the event of inclement weather please call the SiTEL Inclement weather hotline at [\(202\) 695-2720](tel:2026952720). The recorded message is updated at 6 am during **severe weather**.

LOCATIONS:

CSC BALTIMORE

ADDRESS

SiTEL, Clinical Simulation Center, Baltimore
[Life Resource Center](#), Suite 108
[2990 South Hanover St.](#),
Baltimore, MD 21225
Main Phone: (202) 364-5180 Ext 8888

LOCATION

The SiTEL Clinical Simulation Center is located across the street from MedStar Harbor Hospital in the Harbor Hospital Life Resource Center. The Life Resource Center has two entryways. The entry way located closest to the police station is the ideal entryway. We are located just inside and to the left.

PARKING INFORMATION

Free parking is available in front of the [Life Resource Center](#) at the corner of [South Hanover St and Cherry Hill Road](#). Please enter the Life Resource Center building from this parking lot and the Clinical Simulation Center will be the first door on your left in Suite 108. If you find yourself in front of the Harbor Hospital Emergency Room, look across the street and look for the Flag flying at the police station and you'll see our parking lot just to the left of the flying Flag. Call if you have any questions: CSC main line (202) 364-5180 Ext 8888.

DIRECTIONS

From Northbound I-95 - Take exit 54 to Hanover St/MD-2, after you cross the bridge, take the left at the 2nd light onto Cherry Hill Rd, The Life Resource Center will be immediately on your right.

From Southbound I-95 - Take exit 55 to The Key Highway (the first exit after The Fort McHenry Tunnel), follow McComas St (directly underneath the 95 overpass). Turn Left at S Hanover St and follow the directions above.

From I-895 - Take exit 8B to Frankfurst Ave, keep right at Hanover St, Take the left at Cherry Hill Rd and The Life Resource Center will be immediately on your left.

From I-97 - Take Exit 17B to 695 East towards the Key Bridge. Take Exit 3A for MD-2 Richie Hwy NORTH. Follow MD-2 for 4 miles. Turn left at Cherry Hill Rd. Life Resource Center will be immediately on your Left.



Simulation Center Location

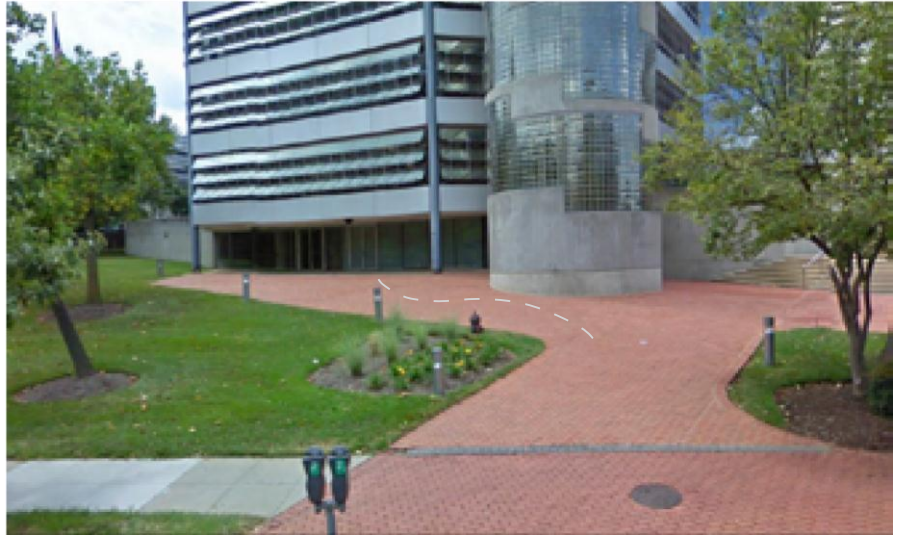
CSC DC 1K

ADDRESS

SiTEL, Clinical Simulation Center, DC
[IntelSat Building](#), Suite 1K
[4000 Connecticut Ave.](#),
[Washington, DC 20008](#)
Main Phone: (202) 364-5180 x5555

LOCATION

The SiTEL Clinical Simulation Center is located on the street level of the IntelSat building on the corner of Connecticut Ave. and Van Ness St. Please enter through the doors at the bottom and to the left of IntelSat's main entrance. Do not walk up the large two story outside stair case.



▲
The View from Connecticut Ave.

PARKING INFORMATION

2 Hour Street Parking is available in surrounding neighborhood.

Free Parking is available on Tilden Street.

All-day parking is available at the [Giant Grocery Store](#) for \$8.00/day. Turn East onto Veazey Terrace from Connecticut Ave. The lot is about 300 ft. down the road on the left.

Another [parking garage](#) is in between Embassy Cleaners and Jerry's Subs \$7.00 till 5pm if you park before 9am.

Call if you have any questions: CSC Main Line (202) 364-5180 x5555.

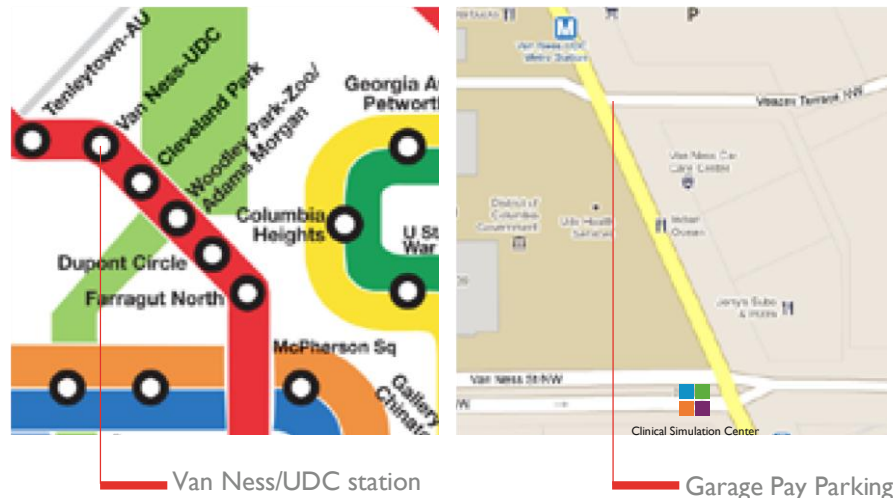
PUBLIC TRANSPORTATION

METRO:

Take the metro to the [Van Ness-UDC Metro Station](#) (Red Line), walk south on Connecticut Avenue, one city block, to Van Ness Street NW. IntelSat building is on your right. The entrance to Simulation Center is on the ground floor to the left of the large cement staircase.

BUS

There is a bus stop on Connecticut Avenue directly in front of the Clinical Simulation Center. Please refer to [Metro Opens Doors](#) for help planning your trip.



From Washington Hospital Center:

Take the H2 Van Ness or H4 Tenleytown Bus. Disembark at [Connecticut Avenue and Tilden Street, NW](#). Walk North on Connecticut Street past the park. The entrance to Simulation Center is on left. If you cross Van Ness St. you have gone too far.

FREQUENTLY ASKED QUESTIONS

WHAT CAN I DO IF MY CARD IS EXPIRED?

If your BLS, ACLS or PALS card is expired less than 30 days you may sign up and take the class to renew you card within that 30 days. Please check with your department if they allow this grace period as some MedStar facilities do not. If you are outside of that window you must take a provider course. The course numbers this applies to are: BLS Renewal- CRT 102, ACLS Renewal- CRT 302, and PALS Renewal- CRT 305

WHERE CAN I GET A BOOK?

There has been a change in the MedStar textbook policy. In an effort to save money and reduce waste MedStar will no longer provide books to students taking American Heart Association courses. You may sign out a book from your Hospital library. You also have the option of purchasing your own copy from the American Heart Association (Heart.org), or from online retailers. Textbooks are required for ACLS and PALS, they are not required for BLS, but are recommended.

WHAT OTHER TYPES OF CREDENTIALS ARE ACCEPTED?

SITEL is an accredited American Heart Association Training Center. AHA credentials are accepted for all classes. The Military Training Network, the Heart and Stroke Foundation of Canada and the American Red Cross are equivalent to the AHA cards as well and are acceptable for Renewal courses.

WHAT ARE THE PREREQUISITES FOR BLS?

- CRT 101 – BLS for Healthcare Provider Course: None.
- CRT 102 – BLS Renewal: A current AHA BLS card.
- CRT 106 -- BLS Provider or Renewal Online course with skills check
- CRT 107 – BLS for ACLS/PALS participants: CRT 301 – ACLS Provider Course, CRT 302 – ACLS Renewal Course, CRT 304 PALS Provider Course, or CRT 305 PALS Renewal Course.

WHAT ARE THE PREREQUISITES FOR ACLS?

- CRT 301 – ACLS Provider Course: A current AHA BLS card or equivalent.
- CRT 302 – ACLS Renewal Course: A current AHA BLS or equivalent card and a current ACLS card.

WHAT ARE THE PREREQUISITES FOR PALS?

- CRT 304 PALS Provider Course: A current AHA BLS card or equivalent
- CRT 305 PALS Renewal Course: A current AHA BLS or equivalent and current PALS card.
- Completion of the pretest is required to gain entry in the course per AHA policy

HOW FAR INTO THE FUTURE ARE CLASSES SCHEDULED?

Courses are scheduled 6 months in advance. Occasionally courses are added to meet demand so check the SiTEL LMS periodically.

HOW DO I REGISTER IN THE LMS?

1. Log into your account
2. In top right section labeled "Search Catalogue"
3. Type in the name of the course
4. Select "Clinical Simulation" from the drop-down menu
5. Select "Search"
6. Hover over desired course and select from the 3 options: "View, Save, Enroll"

Please be advised that when you register you must pay for the course. The pay later option is not valid as of 10/15/12

WHAT SHOULD I BRING TO CLASS?

Please bring the BLS, ACLS, or PALS card you want to re certify, and the required AHA BLS or equivalent card. If you do not present a valid BLS or CPR card as required by the course you will not be allowed to attend the course. ACLS courses also require you to complete any BLS portion and the pre-test before you come to class. Failure to complete the BLS portion will also result in you not being able to attend the course. In addition, ACLS and PALS require you to have a textbook in order to participate in the class. Wear comfortable clothing that will allow you to perform the activities required for your certification.

WHEN SHOULD I ARRIVE?

Please arrive for all American Heart Association courses at 7:45am. The doors to the simulation center will open then and classes will start promptly at 8am. **Any students who arrive after 8:10am will not be admitted to the course.**

WHAT IS THE PROCESS FOR OBTAINING A REPLACEMENT CARD?

To obtain a replacement card follow these steps: (Contact [Timothy Blake](#) for more information)

- Log into [sitelms.org](#).
- Click on calendar of event in the left hand margin.
- Hover your mouse over the last day in the month and click on the first event link, "American Heart Association Replacement Cards".
- Read through the tabs and write down the number for the proper simulation center to make arrangements for your card in the "Location" tab.
- Register for your card, there will be a \$15 dollar fee.
- Contact the appropriate simulation center in order to arrange pick up. Ensure you have the class date so they may verify your attendance and reissue your card.

I DON'T SEE ANY AVAILABLE COURSES BEFORE MY CARD EXPIRES; ARE THERE ANY OTHER PLACES TO TAKE MY COURSE?

Please call the Activity Director Cheryl Camacho at 202-460-0703 to see if there is potential to place you on a wait list or to open more spots for the course

WHERE DO I PARK?

The SiTEL simulation center, in DC at 4000 Connecticut Avenue has parking available in the area. Options include paying for parking at the GIANT supermarket on the east side of the street, north of Van Ness. Street parking options are available with metered spaces on Connecticut Avenue from 9:30am until 4pm. Parking is also available on Tilden Avenue near Reno, which is south of the simulation center. Much of the street parking in the area is Zone 3, with limits non-DC zone 3 residents of two hours. Public transportation options are also available. The Metro Red Line- Van Ness Station is less than a 5 minute walk from the center. Be aware that parking tickets are very expensive in Washington, DC and routinely issued in the area around the simulation center.

The Simulation Center in Baltimore there is free parking available for all courses.

WHAT IS THE CANCELLATION POLICY?

You may cancel your course reservation 2 weeks prior to the event without forfeiting your course fee. Rescheduling may be done up to 48 hours prior to your scheduled event.

HOW DOES THE PARTICIPANT ACCESS THE ONLINE CONTENT?

Use a PC with Internet Explorer

1. Log on to [sitelms.org](#)
2. Go to "My Curriculum" icon.
3. Find the name of you course and double click.
4. Click on the course content tab and select BLS HeartCode Part I to launch the course.
5. To access the module click on "CRT 307- ACLS Skills Evaluation".
6. Click on the icon and the course will begin automatically. Each chapter must be successfully completed to move forward.
7. Print the certificate once you have passed the module and bring it to class

HOW DO I CONTACT SITEL FOR AHA INQUIRIES?

You can email aha@email.sitel.org or you can call the Training Center Coordinator at 202-460-0703